

YELLOWKNIFE SENIORS' SOCIETY

March, 2024

Enrolment Starts for New Canada Dental Program

If you are 72 or older you have no doubt received an invitation to apply for the new Canadian Dental Care Plan. If you are younger than 72, stay tuned as the program is being rolled out in stages, starting with seniors. If you already have a dental plan, you are probably wondering if you should apply for this new program. Well, it depends.

If you already have a private dental plan or have an adjusted household income of \$90,000 or more, you are not eligible.

If you are enrolled in the Seniors Extended Health Benefits Program administered by Blue Cross (considered a “social program”) you are eligible and coverage will be coordinated between the plans to ensure there are no duplications or gaps in coverage.

Initial discussions with Federal and Territorial officials suggest that seniors will not lose any benefits they currently receive under the Seniors Extended Health Benefits Program if they are also enrolled in the Canadian Dental Care Plan. You will be required to report your adjusted household income annually; however, you will not be subject to any co-payments as they will be picked up by the Seniors Extended Health Benefits Program.

There are clearly a number of issues yet to be resolved before the full implementation of the Canadian Dental Care Plan is rolled out. Like staged enrolment, the implementation will begin with seniors, perhaps as early as May, 2024.



We will be following the program closely and will keep members abreast of developments.

Take a look at:

www.canada.ca/en/services/benefits/dental/dental-care-plan.htm

for information about the program.

Group

Seniors aged 87+
Seniors aged 77 to 86
Seniors aged 72 to 76
Seniors aged 70 to 71
Seniors aged 65 to 69

Applications open

Started December 2023
Started January 2024
Starting February 2024
Starting March 2024
Starting May 2024

AGM is Coming Up

The YK Seniors' Society Annual General Meeting will be held at the Baker Centre on April 4, 2024 at 7 PM. The financial statement for the 2023 fiscal year will be presented and six members will be elected to the Board of Directors.

If you would like to be considered for election to the board and added to the ballot, please contact:

Margaret Beckwith beckwith.mp2018@gmail.com or 466-2258

You may also be nominated by another member at the AGM. If you are not able to attend the AGM in person you may participate by Zoom. Contact Kim Doyle for details on joining the Zoom call.

The Board of Directors play a crucial role in directing the activities of the Society. You do not require a specific or special skill and the position does not demand your constant attention. We do need a variety of ideas and a dedication to maintaining and improving the services we provide to our members. Consider putting your name forward for election this year.

Parking Woes



Parking at the Avens Campus has been a problem for quite some time, mainly due to the construction of the Avens Pavillion and associated services. Many parking spaces have been eliminated and some will not return even after construction is complete. Parking on 57th Street is often congested during events at Baker Centre.

For the time being, try to car pool or use public transportation. We are currently working on a ride-share system for LWAB. If you can offer a ride to another member, email ykseniorsociety@theedge.ca indicating how many seats you can provide. We'll try to hook you up with a passenger.

“Let’s Sing” Session Returns this Spring

A huge thank you to the anonymous donor who has made the Spring Season of Singing possible! The likelihood of another session this spring looked bleak, until we received funding for 12 weeks of music that will continue until June 17th. Seniors at Avens were treated to the first **Let’s Sing Session** on Monday February 19th. Open to residents, family members and all seniors, the 1 ½ hour singalong included favourites like *The Gambler*, *Loch Lomond*, *Walk the Line*, *Rivers of Babylon*, and others.

Nothing uplifts the spirits more than belting out a rousing tune while keeping the beat to Kerry Whelar’s guitar, or holding musical percussion instruments in hand! There were also sentimental favourites that brought a chuckle or a tear; Kerry does her best to please everyone! It was a wonderful session and brought laughter and fun for the many who attended. Thank you to the Alzheimer’s Society as well as the Avens care workers for organizing this event every Monday at the Multipurpose room at 1:30 through June 19, 2024.

If Music be the food of love, Play On!

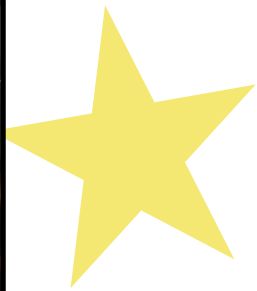


...and
we all
grew up!



Mieke
Cameron

Kathy
Paul-Drover



Kim
Doyle



Wendy
Bisaro



Come on down...



The Snow King and his crew have been working since the ice was thick enough to walk on and are ready to open the doors for another season. Every snow castle has been more spectacular than the last and this year's castle promises to be the best yet. With the return of longer warmer days, an afternoon on the ice is delightful. Don't forget the grandkids!

Check out the Snow King's website for weekly events at the castle.

Snowking's Winter Festival Society presents:

WEEKEND ONE

MARCH 2-3 2024

SNOWKING XXIX
www.snowking.ca

MAR 2 AT 12 PM – MAR 3 AT 5 PM

Snowking's Winter Festival: Weekend One

Public · Event by Snowkings' Winter Festival

Alzheimer Society
ALBERTA AND NORTHWEST TERRITORIES

2024 Drop-In Care Partner Support Group
Yellowknife, NT

All Care Partner Support Groups are on a drop-in basis. No registration is required.
For further information, email Shawna at sgillis@alzheimer.ab.ca or call (867) -669-9392

Where: Nunasi Building, 1st Floor
#116, 5109-48 Street
When: second Monday of each month (evening) (except holidays)
third Saturday of each month (afternoon)

Monday's 6:30 – 7:30 pm	Saturday 1:00-2:00 pm
08 January, 2024	20 January, 2024
12 February, 2024	17 February, 2024
11 March, 2024	16 March, 2024
08 April, 2024	20 April, 2024
13 May, 2024	18 May, 2024
10 June, 2024	15 June, 2024
08 July, 2024	20 July, 2024
12 August, 2024	17 August, 2024
09 September, 2024	21 September, 2024
07 October, 2024	19 October, 2024
18 November, 2024	16 November, 2024
09 December, 2024	21 December, 2024

Income Tax Help on the Way

Beginning in mid-March, YK Seniors Association will be offering income tax preparation for members with simple returns and incomes less than \$50,000. Details will be announced soon.

Watch for details in the weekly announcements.



Thank you to Kopykat North for generously printing this newsletter for our members.